

spoon



Dinner Menu

Starters

Soup of the day meat or veg (served with bread)	£5.00
Antipasti: bashed sweet potato, artichokes, stuffed mini peppers, beetroot & walnut hummus, lemon & dill, feta, sunblush tomatoes & pitta (v)	sml £7 / lrg £11
Ploughman's: Ayrshire ham, serrano, Isle of Mull cheddar, olives, sunblushed tomatoes, cornichons & wholegrain bread	sml £8 / lrg £12
Curried sweetcorn & cauliflower fritters with red lentil dahl (v) (df)	£7
Za'tar baked salmon salad with bulghar wheat, courgette, onion & dill (df)	£8
Chicken thigh with broccoli & watercress, beetroot & walnut hummus (gf) (df)	£7.50

Mains

Lime, chick pea, potato & tomato curry with coriander yoghurt (v) (gf)	£14.00
Roasted butternut squash with carrot, parsnip & lentils (v) (gf) (df)	£14.00
Poached salt cod with jerusalem artichoke, cherry tomatoes, baby potatoes & horseradish creme fraiche (gf)	£17.00
Grilled sea bass fillet with thai potatoes (coriander, chilli, spring onions, peanuts), chilli & garlic mayo (gf) (df)	£17.00
Flat iron steak with cannellini beans, chorizo & fried egg (df) (gf)	£19.00
Saffron poached pork belly with noodles & pak choi	£19.00

Sides

Bread basket (per person)	£2.50
Olives & bread (v)	£3.80
Bowl of skinny fries (v) (gf) (df)	£3.80
Bowl of skinny fries with mature cheddar (v) (gf)	£4.20
Mixed herb & leaf salad (v) (df) (gf)	£3.50
Winter greens & chestnut (V)	£3.50
Honey roast parsnips with sesame seeds (V)(df)	£4.20

(v) = vegetarian (gf) = gluten free (df) = dairy free

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